



**Delaware Health
and Social Services**

Division of Substance Abuse and
Mental Health Training Office

The 34th Summer Institute on Substance Abuse and Mental Health

July 25-29, 2005
Clayton Hall, University of Delaware
Newark, Delaware

Cooperation

Recovery

Alliances

Partnerships

Resilience

Relationships

Supports

Integration

Services

Treatment

Networking & Collaboration: The Strength of Systems

Platinum and Gold Star Partners

Division of Services for Aging and Adults with Physical Disabilities, DHSS
Associates Graphic Services • Central East Addiction Technology Transfer Center • Civigenics
CSAP's Northeast Center for the Application of Prevention Technologies • Delaware Council on Gambling Problems
Delaware Physician's Care • Department of Services for Children, Youth and Their Families
Gateway Foundation • The University of Pennsylvania Center for Mental Health Policy and Services Research

www.dhss.delaware.gov/dhss/dsamh/summerinst05.html

THE DIVISION OF SUBSTANCE ABUSE AND MENTAL HEALTH
acknowledges the contributions of the following agencies and corporations
who have given their support for the 34th Summer Institute.

PLATINUM PARTNER

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GOLD STAR SPONSORS

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SILVER SUPPORTERS

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Kent Sussex Counseling Services • NorthEast Treatment Centers • Psychotherapeutic Services

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Delaware Department of Corrections • Delaware Department of Justice
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Division of Social Services, DHSS • New Castle County Police Heroin Alert Team
Parent Education Consulting Services
Pennsylvania/Mid-Atlantic AIDS Education and Training Center
Substance Abuse and Mental Health Services Administration
Unergi® Body-Psychotherapy Training Program • Westside Health, Inc.

PROGRAM EXHIBITIONS

CONSUMER ART EXHIBIT (Monday through Friday- Clayton Hall)

The Consumer Art Exhibit is a collaborative effort on behalf of the Art Therapy and the Photography Program at Delaware Psychiatric Center, and the Consumer Fine Arts program at Fellowship Health Resources, Inc. The Art Therapy and Photography programs provide artists with opportunities to use and explore non-verbal, visual modes of expression as a means of enhancing cognitive and emotional focus, growth, and development. The Consumer Fine Arts program teaches mental health consumers about the technique and form needed to produce paintings, sculpture, and other media. The Programs have observed consumers gaining self-esteem and assertion, and experiencing increased camaraderie and self-discipline, which also add value to the recovery process. Visual artworks make up the 2005 Summer Institute Art Exhibit and are available for purchase.

COMMUNITY EXHIBITORS (Wednesday and Thursday- Clayton Hall)

Please be sure to visit the many community exhibitors who will be available with valuable information, literature, and educational resources. Among our list of Community exhibitors for this year's Institute are addiction and mental health providers and agencies, pharmaceutical companies, local businesses, and area colleges. Border's bookstore will also be on hand selling a selection of books representing a wide variety of behavioral health and related topics.

Welcome to the

34th Summer Institute

We welcome you to the 34th Summer Institute on Substance Abuse and Mental Health with an emphasis on Networking and Collaboration: The Strength of Systems! You are invited to choose among workshops offering a large variety of topics, duration, targeted audiences, and costs. This year we have designed the SI to represent the spirit of many partnerships throughout all aspects of care related to behavioral health across the age-spans and other diversities. We've added special pages to facilitate your Institute planning, mini and one-day workshops to accommodate your scheduling, and included new subject matter that many of you have requested. We hope that this year's Summer Institute meets your educational expectations.

34TH SUMMER INSTITUTE DEVELOPMENT

The 34th Summer Institute was designed and developed by:

Carol L. Kuprevich, EDD
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Jessica Washer

Institute Planning Committee:

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Delaware Department of Health and Social Services

Division of Substance Abuse and Mental Health (DSAMH) Executive Staff:

Renata Henry, Division Director
Susan Robinson, Deputy Director
Steven Dettwyler, PHD
Michael Kelleher
Jack Kemp
Carol L. Kuprevich, EDD
Harris Taylor
Maurice Tippett

INSTITUTE OBJECTIVES

By the conclusion of this Institute, participants will be able to:

- Identify new opportunities and positive outcomes from their networking and collaboration experience
- Explore new strategies and approaches that enhance day-to-day service delivery
- Cite supportive, adjunctive, practical, and age-appropriate interventions to maximize service outcomes within systems
- Identify at least three areas where system strength is enhanced by networking and collaboration
- Demonstrate increased awareness of cultural competence throughout all aspects of service provided among the behavioral health system
- Identify at least fifty additional resources and referral information/contacts to use
- Identify additional areas of need to strengthen systems and enhance workforce development

CERTIFICATION & CONTINUING EDUCATION CREDITS

In compliance with certification board requirements, certificates will only be issued to those who complete the entire duration of the workshop with no exceptions.

Continuing education hours are as follows:

5 day workshop = 27.5	3 day workshop = 16
2 day workshop = 11.5	1 day workshop = 6.5
Mini-workshops = 3	Evening sessions = 2
Afternoon workshops = 1.25	

APA: The Traumatic Incident Reduction Association (TIRA) is approved to award American Psychological Association CEUs for the 5-day workshop on Traumatic Incident Reduction. A \$10.00 fee made payable to TIRA and presented to the workshop facilitators is required for APA credits.

CEAP: Professional development hours for Certified Employee Assistance Professionals. *

DBN: The Division of Substance Abuse and Mental Health is an approved provider under the rules and regulations for mandatory education set forth by the Delaware Board of Nursing. DBN approval does not necessarily imply endorsement or approval of individual offerings.

DCB: Delaware Certification Board, Inc. *

DSBSWE: The Board will no longer "pre-approve" continuing education courses. Credit will be given for courses offered by approved providers of the Association of Social Work Boards (ASWB). Other courses will be evaluated for acceptability at the time they are submitted by individuals applying for license renewal.

NAADAC: The Division of Substance Abuse and Mental Health is an approved provider of continuing education for the National Association of Alcoholism and Drug Abuse Counselors (Provider #112). Courses leading to basic counselor training and/or personal self-improvement are not acceptable as continuing education courses.

NASW: The Traumatic Incident Reduction Association (TIRA) is approved to award National Association of Social Workers CEUs for the 5-day workshop on Traumatic Incident Reduction. A \$10.00 fee made payable to TIRA and presented to the workshop facilitators is required for NASW credits.

NCC: The DSAMH Training Office is approved by the National Board for Certified Counselors to offer continuing education for National Certified Counselors. NBCC approval is limited to the sponsoring organization/individuals and does not necessarily imply endorsement or approval of individual offerings.

NCGC: National Certified Gambling Council. Please call the Delaware Council on Gambling Problems at (302) 655-3261 if you have any questions. *

CE- The DSAMH training office will also be awarding an individual certificate of attendance to each participant for successful completion of each workshop.

*Applications for continuing education units have been submitted to these certification boards.

Please note: Individual workshops/series may have separate certifications or continuing medical education connected to them. Please call for clarification.

Conference-At-A-Glance



MONDAY JULY 25, 2005

Keynote:

9:00 am- Noon Keynote Plenary Panel: Networking and Collaboration: The Strength of Systems

Noon- 1:15 pm Awards Lunch Banquet

5-Day Workshops:

1:30- 4:30 pm Traumatic Incident Reduction
Twelve Core Functions of Substance Abuse Counseling

3-Day Workshops:

1:30- 4:30 pm Enhancing Group Process in the Behavioral Health System
Narrative Therapy: An Approach for Personal System Integration
Brain Injury Across the Lifespan
Joining Together the Science and Art of Clinical Hypnosis
Basic Principles of Addiction Pharmacology and Drug Therapy
Building Systems Through Individual and Agency Response...
More Life to Live: Promoting Healthy Lifestyles...

Afternoon Session:

4:45- 6:00 pm The Delaware Alcohol & Drug Counselor Certification Process

Mini-Workshop:

6:00- 9:00 pm Cardiopulmonary Resuscitation (CPR) and Automated External Defibrillator (AED) Training

Evening Session:

7:00- 9:00 pm Parenting in Difficult Situations

TUESDAY JULY 26, 2005

5-Day Workshops Continued:

9:00- 4:30 pm Traumatic Incident Reduction
Twelve Core Functions of Substance Abuse Counseling

3-Day Workshops Continued:

9:00- 4:30 pm Enhancing Group Process in the Behavioral Health System
Narrative Therapy: An Approach for Personal System Integration
Traumatic Brain Injury Across the Lifespan
Joining Together the Science and Art of Clinical Hypnosis
Basic Principles of Addiction Pharmacology and Drug Therapy
Building Systems Through Individual and Agency Response...
More Life to Live: Promoting Healthy Lifestyles...

1-Day Workshops:

9:00- 4:30 pm Violence and Substance Abuse: Intersection Between Systems ...
Alternative Therapies: Introduction to Acupressure Massage/Reiki
Intellectual Disability and Mental Health...

Afternoon Session:

4:45- 6:00 pm The Addictive Family: History Repeats Itself

Mini-Workshop

6:00- 9:00 pm Ethics in Counseling: An Update

Evening Session

7:00- 9:00 pm Acupuncture: An Ancient Art Becomes A Treatment Option

WEDNESDAY JULY 27, 2005

5-Day Workshops Continued:

9:00- 4:30 pm Traumatic Incident Reduction
 Twelve Core Functions of Substance Abuse Counseling

3-Day Workshops Continued:

9:00- 4:30 pm Enhancing Group Process in the Behavioral Health System
 Narrative Therapy: An Approach for Personal System Integration
 Brain Injury Across the Lifespan
 Joining Together the Science and Art of Clinical Hypnosis
 Basic Principles of Addiction Pharmacology and Drug Therapy
 Building Systems Through Individual and Agency Response...
 More Life to Live: Promoting Healthy Lifestyles...

1-Day Workshops:

9:00- 4:30 pm Linking the Pieces: Leadership and Teamwork
 On Becoming a Culturally Competent Therapist
 Delaware Physician's Care

Afternoon Session

4:45- 6:00 pm Enhancing Partnerships

Mini-Workshop

6:00- 9:00 pm Nurses and Others, Ask The Doctors!

Evening Session

7:00- 9:00 pm More Life to Live Training: Networks for Promoting Healthy Behaviors

THURSDAY JULY 28, 2005

5-Day Workshops Continued:

9:00- 4:30 pm Traumatic Incident Reduction
 Twelve Core Functions of Substance Abuse Counseling

2-Day Workshops Start:

9:00- 4:30 Biopsychosocial Approach to Addictions
 Motivational Interviewing: Shaping the Processes of Change
 Compassion Fatigue
 Health Realization: A Spiritual Approach to...
 Introduction to Dialectical Behavior Therapy...
 Vicarious Traumatization
 Gender Responsive Programming for Adolescent Females
 Bridging Prevention and Treatment
 Are You Puzzled by the Legal and Behavioral Health Systems?

1-Day Workshops:

9:00- 4:30 pm Unergi Body Psychotherapy: The Sacred Language of Touch
 Psychiatric Emergencies

Afternoon Session

4:45- 6:00 pm Alcoholics Anonymous, Open Meeting

Mini-Workshop:

6:00- 9:00 pm Brain Gym®- Uniting Treatment and Learning Through Movement

Evening Session

7:00- 9:00 pm New Initiatives in HIV

FRIDAY JULY 29, 2005

5-Day Workshops Continued:

9:00- 3:00 pm Traumatic Incident Reduction
 Twelve Core Functions of Substance Abuse Counseling

2-Day Workshops Continued:

9:00- 3:00 Biopsychosocial Approach to Addictions
 Motivational Interviewing: Shaping the Processes of Change
 Compassion Fatigue
 Health Realization: A Spiritual Approach to...
 Introduction to Dialectical Behavior Therapy...
 Vicarious Traumatization
 Gender Responsive Programming for Adolescent Females
 Bridging Prevention and Treatment
 Are You Puzzled by the Legal and Behavioral Health Systems?



The Delaware Summer Institute Welcomes

A Panel Presenting the Dr. Mario Pazzaglini Keynote Address “Networking and Collaboration: The Strength of Systems”



Lolita Lopez,
CEO & President of
Westside Health, Inc.



Renata Henry, Director, Delaware
Division of Substance Abuse and
Mental Health



Trevor Hadley, PHD, Director of
the University of Pennsylvania
Center for Mental Health Policy
and Services Research

The Panel of Six Distinguished Speakers Includes:

- **Three Individuals Who Will Share Their Personal Journeys Through Systems of Care**
- **Lolita Lopez, CEO & President of Westside Health, Inc.** will offer a local and community perspective on the importance of collaboration among the many systems that also intersect with the provision of physical healthcare.
- **Renata Henry, Director, Delaware Division of Substance Abuse and Mental Health** will describe the integration of services across the ages and throughout many systems in Delaware including state-operated, state-funded, and private entities. She will address gaps, what is working, and where we need to identify and develop additional resources.
- **Trevor Hadley, PHD, Director of the University of Pennsylvania Center for Mental Health Policy and Services Research**, will share current research initiatives that focus on community integration and collaboration. His comments will include the role of behavioral health leadership in supporting and facilitating community integration outcomes while promoting meaningful changes in individual persons.

The notion that any one individual is the responsibility of one agency alone is history. The ultimate goal is to provide for the person's needs through a collaborative approach with the philosophy that, “The whole is greater than the sum of its parts.” This approach requires that a comprehensive spectrum of services be organized into a coordinated network. A systems approach will look closely to understand the individual - his or her unique strengths, talents, interests, spiritual, cultural, and ethnic background - and then explore how the various community resources and service system resources can be best utilized for that individual.

In *Achieving the Promise: Transforming Health Care In America*, the President of the United States New Freedom Commission's findings confirmed that there are unmet needs and that many barriers impede care for people who need it. The report further challenged the nation's care systems to move toward greater integration of comprehensive, coordinated, community-based, person-focused, and culturally competent services. One of the strong recommendations of the commission is to increase and improve a diverse workforce across the country, through public-private partnerships based on multidisciplinary training models.

The 34th Summer Institute was developed to promote this theme.

Date/Time: Monday, July 25, 2005, 9 AM – Noon

5-DAY INTENSIVE WORKSHOPS

#800 Traumatic Incident Reduction

Faculty: Kathryn McCormack-Chen and Raggi Malnati

*This workshop is approved for 27.5 CEUs through APA and NASW. In order to receive these CEUs, a \$10.00 check made payable to TIRA is due to the workshop facilitators upon completion of the workshop. Do not send CEU fee with registration.

Traumatic Incident Reduction (TIR) is a brief, exposure-based, client-centered approach intended to eliminate the negative sequelae of past trauma. Clients are directed through repeated viewings of a traumatic memory under conditions designed to enhance safety and minimize distractions. This enables transformative change and evolution in the client's perception and cognition. The content of this workshop is appropriate for all attendees, with a master's, bachelor's, or nursing degree, and for both counselors and non-counselors alike. More information is available at www.tir.org

Learning Objectives:

- Describe the logic of both basic and thematic TIR
- Make appropriate and effective use of the unblocking technique
- Recognize decision points in the TIR approach
- Identify the appropriate end point of any TIR technique

#805 The Twelve Core Functions of Substance Abuse Counseling: Assembling the Pieces for a Successful Exam

Faculty: Arthur B. Trundy

This workshop is designed for individuals who need to gain an understanding of the twelve core functions of substance abuse counseling in order to prepare for the certification exam to become a certified drug and alcohol counselor. This workshop will focus on a comprehensive understanding of the twelve core functions and forty-six global criteria, which are used as a measurement of competence in the substance abuse treatment field. Participants who complete this workshop will have a better understanding of how the twelve core functions and their principles can be applied and utilized in almost any setting within behavioral healthcare. While the workshop will cover all of the twelve core functions particular emphasis will be paid to screening and counseling.

Learning Objectives:

- Understand and apply the twelve core functions and forty-six global criteria
- Define and describe the tasks and roles of a substance abuse counselor
- Be prepared to succeed at exams related to the twelve core functions and forty-six global criteria

3-DAY WORKSHOPS

#781 Enhancing Group Process in the Behavioral Health System

Faculty: Jim Wuel fing

Want to run great groups? This workshop will assist participants in designing and implementing effective psychoeducational groups. Based on the critical concepts of adult learning theory, participants will learn how to address persons with different learning needs. Topics for discussion and in-workshop practice include enhancement of facilitation skills, environmental issues related to the group process, and effective strategies for use in difficult situations. Workshop material is applicable to behavioral health programs, corrections, education, community, and prevention across all ages.

Learning Objectives:

- Describe at least three skills associated with successful facilitation
- Discuss group dynamics and stages
- List the steps in the design process of educational modules
- Discuss methods to address different populations and settings
- Practice designing an hour long educational group

#793 Building Systems Through Individual and Agency Response: Best-Practices in All Hazards Behavioral Health

Faculty: Steve Crimando

Limited time to work on disaster response? Need basic knowledge about the many related topics? This workshop will provide a foundation for behavioral health practitioners and help them to develop customized response plans for themselves and their agencies. Content will include an overview of the national response system, issues in special populations, and promising practices in disaster behavioral health interventions. Through experiential components, participants will be introduced to specialized counseling approaches for victims of terrorism, basic psychological first aid, and psychological consequences of terrorism.

Learning Objectives:

- Describe key concepts in all hazards and trauma counseling
- Begin initial preparation of a personal and an agency all-hazards disaster mental health plan
- List at least three interventions to prevent secondary traumatic stress

3-DAY WORKSHOPS

#815 Brain Injury Across the Life Span: Successful Outcomes in Children and Adults

Faculty: Glenn Brooks, Joshua Cantor, Jane Crowley, and Dan Keating

This workshop will provide a basic overview of brain injury awareness, assessment, and rehabilitation. It will include how to utilize the Brain Injury Screening Questionnaire, and discuss long term rehabilitation, including treatment of co-existing mental health and substance abuse disorders. It will incorporate practical exercises in brain injury screening, assessment, and interviews with brain injury consumers and their families in an effort to introduce basic information for working collaboratively toward successful consumer outcomes.

Learning Objectives:

- Understand the basic epidemiology of brain injury
- Understand the complex psychosocial and family issues associated with brain injury
- Identify appropriate national, state, and local resources and tools

#811 Narrative Therapy: An Approach for Personal System Integration

Faculty: Suni Petersen

Narrative Therapy supports the individual in creating new meaning for their life experiences while promoting a sense of coherence and adaptation. The personal narrative is the sum total of an individual's sense of past, present, and future. Due to circumstances of life some individuals have difficulty maintaining a cohesive personal narrative resulting in unhealthy emotional, cognitive, behavioral, physical, and social implications. Participants will learn different applications of narrative therapy based on the needs of the group. Populations may include early adulthood, addiction, family stressors, mental illness, cancer patients, marital issues, criminal history, and others.

Learning Objectives:

- Identify key concepts in narrative therapy
- Describe the sequence of strategies used in narrative therapy
- Understand the cultural underpinnings of narrative therapy

#726 Basic Principles of Addiction Pharmacology and Drug Therapy

Faculty: Tony Tommasello

Back by popular demand, this comprehensive workshop covers core concepts in addiction and its treatment. Past participants have described this workshop as a "must have" for those new to the behavioral health field and a "must have it again" for those who have extensive experience. Content focus is on the pharmacology of commonly abused psychoactive substances with emphasis on facts and information critical to persons providing behavioral health services.

Learning Objectives:

- Describe the stages of transition from drug experimentation to chemical dependence
- Explain the physiological and psychological effects of alcohol, heroin, cocaine, marijuana, methamphetamine, and anabolic steroids abuse
- Create a treatment plan for chemical dependence recovery

#819 More Life to Live: Promoting Healthy Lifestyles Among Mature Adults

Faculty: Constance Coogle, Nancy Osgood, David Oslin, Ronald Pavalko, Robert Simmons, and Sarah Stookey

Are you a service provider working with older Delawareans? If so, you know that senior citizens face special health risks and concerns. Many struggle with unhealthy behaviors such as problem gambling, smoking, and alcoholism. Others battle episodes of depression and thoughts of suicide. *More Life to Live* is a nationally recognized comprehensive health education and disease prevention program designed to support your efforts to help mature adults, age 50 and over, recognize high-risk behaviors and unhealthy lifestyles, adopt positive, self-affirming behaviors, and create a healthier lifestyle. The *More Life to Live* forum will provide insight into issues related to healthy and unhealthy behaviors among older adults, and strengthen your ability to encourage healthy lifestyles among at-risk seniors.

Learning Objectives:

- Describe the impact of addictive behaviors on other health issues
- Identify risk factors for depression, addiction, and suicide in mature adults
- Describe the biological, physiological, social, and economic factors that negatively impact health
- Develop a plan for a health promotion program with mature adults

#799 Joining the Science and Art of Clinical Hypnosis

Faculty: Steve Eichel

Clinical hypnosis, when practiced by the appropriately trained health professional, is an empirically validated and effective tool for pain reduction and habit control, and is a powerful enhancer of cognitive-behavioral therapy. This workshop is appropriate for individuals with no prior hypnosis experience, as well as those who want to "tune up" their clinical hypnosis skills. A broad range of topics will be covered, including the three types of hypnosis, induction methods, and applications of hypnotic principles and phenomena. Participants will be able to consider the utilization of hypnosis in treating a spectrum of health-related behaviors, including depression, anxiety, habit control, pain management, and uncomplicated trauma.

Learning Objectives:

- Understand the difference between scientifically-based clinical hypnosis and "lay" hypnosis
- Describe classical, neoclassical, and basic Ericksonian induction techniques
- Understand the limits and legal ramifications of using hypnosis
- Be familiar with resources for additional training

2-DAY WORKSHOPS

#708 Motivational Interviewing: Shaping the Processes of Change

Faculty: Fred Rotgers

Motivational Interviewing (MI) is a highly directive yet empathic and reflective style of working with clients. Research has shown that MI is effective in helping to increase client motivation and minimize resistance in the process of changing both addictive and other problematic behaviors. This workshop will present the theory and practice of MI in a highly interactive and participatory format. Participants will have extensive opportunity to practice the basic skills that comprise MI. Both video and role-played demonstrations will provide participants with a clear, experiential, and hands on experience.

Learning Objectives:

- Implement the basic skills of MI
- Understand the strategies of MI
- Describe how to increase client motivation and minimize resistance

#769 Compassion Fatigue

Faculty: Shad Meshad

Compassion fatigue manifests itself as a deep physical, emotional, and spiritual exhaustion, accompanied by acute emotional pain. It is a consequence of helping or wanting to help an individual who has been traumatized. It can affect medical and behavioral health professionals, military personnel, and family members who repeatedly expend emotional and physical energy in their role of helping others. Mr. Meshad offers a unique approach to acknowledging the personal effects of compassion fatigue and imparts the skills and tools necessary for professional and personal self-care. His approach is exciting and hands-on.

Learning Objectives:

- Understand the importance of socialization solutions relative to compassion fatigue
- Identify at least three spiritual techniques useful when compassion fatigue is an issue
- Describe physical, psychological, and emotional approaches to consider when addressing compassion fatigue

#780 Biopsychosocial Approach to Addictions

Faculty: B. Kenneth Nelson

Recent discoveries in the neurosciences have made new and important methodologies available to the behavioral health counselor. Knowledge of the biological operations of the brain as well as the psychological factors and psychosocial factors contributing to addiction is essential for effective work in addiction counseling. This workshop will review the biological, psychological, and social underpinnings of addictive disease and impulse control disorders.

Learning Objectives:

- Understand the biological, psychological, and social factors underlying addictions
- Understand the natural course of the addictive disease process
- Recognize the rationale of contemporary addiction treatment

#801 Introduction to Dialectical Behavior Therapy (DBT): An Evidence-Based Treatment for Borderline Personality Disorder

Faculty: Edie Mannion

Providing effective outpatient treatment for people with borderline personality disorder can be a professional challenge. Doing so while preserving one's own mental health and safety can seem impossible. This workshop, based on the work of Marsha Linehan, will help participants begin to utilize the assumptions, principles, and skills of DBT. These skills can be beneficial in reducing negative counter-transference while enhancing clinician enthusiasm and effectiveness.

Learning Objectives:

- Summarize the goals and behavioral targets of each mode of DBT
- Identify at least three assumptions made in DBT that distinguish this treatment from other treatments for this disorder
- Describe at least two acceptance strategies and two change strategies used in DBT

#798 Vicarious Traumatization

Faculty: Kayta Gajdos

Self-care of the caregiver or clinician is not a luxury; it is a necessity. If the stress and demoralization that can occur with care-giving, especially when working in the fields of grief and trauma, is not addressed, the clinician, the individuals, and the families they serve suffer. This program explores both the effects of vicarious traumatization and the antidotes for healthy helping. This workshop will give the clinician an opportunity to hone the skills necessary for fostering awareness, balance, and connection through experiential and creative exercises.

Learning Objectives:

- Understand the secondary effects of vicarious traumatization
- Enumerate the skills needed to address the effects of vicarious traumatization
- Understand vicarious traumatization in the light of Constructionist Self-Development Theory

#802 Gender Responsive Programming for Adolescent Females

Faculty: Denise Bray

Gender responsive services are critical in meeting the unique needs of adolescent females to increase therapeutic and programmatic effectiveness. This workshop provides an overview of the six domains of adolescent development for at-risk females. An overview will explain how childhood trauma and recovery presents itself within the framework of the six domains. Specific strategies are offered on how to keep adolescent females safe from themselves, peers, sexism, racism, and messages from the media. Counselors, educators, and those working with adolescent females will find this workshop particularly helpful.

Learning Objectives:

- Identify program ideas that promote therapeutic growth and healing
- Understand the importance of the gender-specific "herstory" encompassing the content and context of her life experiences



2-DAY WORKSHOPS

#822 Bridging Prevention and Treatment: Putting the Pieces Together

Faculty: Carol Oliver and Jim Wuelfing

Prevention and treatment have developed as independent fields but they share a vision of promoting healthy communities. Each has its own history and requirements, affecting the service delivery patterns that have emerged over time. What works, and how do we know it works? Both fields have evidence-based knowledge and both fields intersect at multiple points to form the “real and clear picture.” This workshop is designed to aid practitioners in building collaborative relationships and moving in both directions along the continuum of care between prevention and treatment.

Learning Objectives:

- Identify at least four effective strategies where prevention and treatment intersect
- Describe how risk and resiliency theory apply to prevention and treatment
- Learn how programs can collaborate to maximize protective factors in six domains of life
- Address the needs of diverse populations shared by both fields

#804 Health Realization: A Spiritual Approach to Intervention and Treatment

Faculty: Jack Pransky

This workshop will provide an opportunity for participants to understand and apply the principles needed to promote greater and longer-lasting therapeutic change. Behavioral health treatment is not an exact science. It is understood that each person responds to treatment differently and that vulnerability to relapse is a reality. This common knowledge reflects the need for us to have a better understanding of what creates and maintains behavioral and emotional change. The Health Realization approach encourages us to reach beyond traditional theories and to look at explanations from a spiritual perspective. This method asserts that there are three spiritual principles that combine to create our experience of life. Those experiences influence what we think, how we feel, and how we act.

Learning Objectives:

- Identify the essence of what appears to create behavior change
- Define innate health and wisdom
- Actively apply “deep” listening skills

#821 Are You Puzzled by the Legal and Behavioral Health Systems?

Faculty: Michael W. Arrington, Edward L. Atwood, Martha B. Boston, Joann Bruch, Hon. Joseph F. Flickinger, Hon. Patricia W. Griffin, Dwight F. Holden, Cathy A. Jenkins, Mariann Kenville-Moore, Paulette Sullivan Moore, Hon. Michael P. Reynolds, Comm. Stan Taylor, and other agency representatives

Behavioral health consumers are often involved in civil and criminal matters as they work to address the challenges associated with substance abuse and mental illness. This workshop will feature some of Delaware’s most prominent leaders and innovators in the fields of civil and criminal justice within the juvenile and adult systems. In addition, representatives from advocacy and rehabilitation programs will discuss ways to improve outcomes for individuals and families. The panel presentations and case study exercises will address behavioral health recovery, diversion programs, civil commitments, corrections, victim services, child welfare, truancy, domestic violence, parole, and other components of both systems.

Learning Objectives:

- Increase awareness of the challenges for consumers and providers in multi-systems
- Understand the components of Delaware’s civil and criminal justice system
- Develop ways to collaborate and share resources to improve outcomes

NEW!! 1-DAY WORKSHOPS 9:00 AM – 4:30 PM:

(Registration fee for all 1-Day workshops is \$85.00)

Tuesday July 26, 2005**#803 Alternative Therapies: Introduction to Acupressure Massage and Reiki for Strengthening Treatment****Faculty:** Irene Rust and Janet Schulte

This workshop will introduce Japanese, Korean and Chinese acupressure techniques for use on self and others which can assist in relieving physical and emotional stress. Among the many benefits of acupressure are increased flexibility to the skin and muscular system, reduction of fatigue, facilitation of the digestive system, improvement of overall posture, and strengthening of the immune system. Reiki, an ancient Japanese technique for relaxation and stress reduction, will be highlighted. Reiki enhances change by energizing and balancing our system. It awakens the healing capacity that exists within all beings and can be used with many populations including the terminally ill, the aging, and those enduring high levels of stress. Participants are encouraged to wear comfortable clothing and bring a mat for use on the floor.

Learning Objectives:

- Identify three types of acupressure massage and their benefits
- Self administer the DO-IN technique of acupressure massage
- Understand the Reiki techniques for relaxation and stress reduction

#809 Intellectual Disability and Mental Health: Understanding and Integrating Dual Diagnosis and Functional Behavioral Health**Faculty:** Thomas Kelly and Joseph B. Keyes

This workshop will help participants increase their effectiveness in incorporating the issues of dual diagnosis, intellectual disability, mental health, and functional behavioral health into their practice and care of individuals with intellectual disabilities, such as mental retardation. Included will be a discussion of basic concepts in dual diagnosis, an introduction to the concept of behavioral phenotypes, a review of functional analysis assessment, utilization of positive behavior supports and behavioral support plans. The soon-to-be-published Diagnostic Manual for People with Intellectual Disabilities, a joint project of the National Association for the Dually Diagnosed and the American Psychiatric Association, will be described. General information about dual diagnosis in this context can be found at <http://www.thenadd.org/content/aboutnadd/ddinfo.shtml>.

Learning Objectives:

- Understand the conceptual framework of 'dual diagnosis'

as it relates to individuals with intellectual disabilities and behavioral health disorders

- Utilize positive behavior supports and basic functional assessment
- Be familiar with the concept of 'behavioral phenotypes' in individuals with specific genetic syndromes
- Identify community organizations that advocate and provide services to individuals with intellectual disabilities

#810 Risk Factors in Violence and Substance Abuse: Intersections Between Systems of the Brain and Our Environment**Faculty:** Diana Fishbein

What is causing the increase in violence in our communities? What can we do about it? We know a great deal about the effects of socio-environmental conditions on the propensity for certain behavioral disorders. Only recently have discoveries in the field of neuroscience linked brain function with a predisposition for high risk behaviors such as violence and substance abuse. The origins of brain and behavioral dysfunction are both genetically and environmentally determined. Their presence can cumulatively alter an individual's developmental trajectory to influence subsequent development and behavioral outcomes. Several markers indicative of brain dysfunction are associated with particular behaviors and temperaments that characterize liability for high-risk behaviors. All aspects of brain function, including those that are genetically influenced, are at least partially alterable by our environment in ways that may increase or decrease liability for risky behavior. In this workshop we will explore these relationships and identify ways in which programs can begin to redirect this developmental track.

Learning Objectives:

- Understand the interactive influence that genetics, brain function, and the social environment have on behavior
- Describe the role of neurocognition and emotional regulation as manifestations of this interaction that directly contributes to behavior
- Highlight the profound influence of stress and adversity on the developing brain and its function which, in turn, increases risk for behavioral disorders
- Identify appropriate clinical interventions to use with persons who have co-occurring substance abuse and aggression



1- DAY WORKSHOPS Wednesday July 27, 2005

#814 Linking the Pieces: Leadership and Teamwork

Faculty: Robert Pankiw, Keith Strouss, and the NCCPD Heroin Alert Team

This workshop will provide participants with opportunities to improve their communication, teamwork, and leadership skills. The Delaware National Guard (DNG) Counterdrug Task Force Drug Demand Reduction Program will conduct experiential educational exercises using the Rugged Outdoor Pursuit Education System (R.O.P.E.S.) and the Climbing Wall. Divided into small teams, the participants will actively work through challenges of the mind, body, and spirit. The DNG will also describe the resources available to the community through the Counterdrug Task Force, a federally funded initiative. The New Castle County Police Heroin Alert team will present their educational and inspirational program, which heightens the awareness of heroin use, its harmful effects, and the demand for treatment and rehabilitation. Participants should dress in casual clothing and wear athletic shoes.

Learning Objectives:

- Describe the functions of Delaware National Guard Counterdrug Task Force initiative
- Apply skills in communication, leadership, and teamwork
- Describe recent trends in heroin use as well as the role of the Heroin Alert community education program

#824 On Becoming a Culturally Competent Therapist

Faculty: Taka Suzuki

Welcome to a reflective journey into our worlds of assumptions. In this workshop, we will explore ours' and our diverse clients' rich culturally derived worldviews, values, and identities. We will examine how these perspectives affect assessment and therapeutic relationships. You will have opportunity to practice using the Culturally Informed Functional Assessment (CIFA) interview as an approach that leads to assessing clients' presenting problems. Culturally competent interventions will be illustrated using the cognitive behavioral therapy framework. Workshop methods include lecture, discussion, exercises and case examples.

Learning Objectives:

- Increase awareness of your cultural identity development and value system; how it influences the therapeutic relationship
- Increase cultural knowledge of clients having diverse backgrounds
- Learn to use the systematic and culturally sensitive assessment tool (CIFA) for case formulation
- Learn the CBT approach for working with clients of varied cultural contexts

#825 Integration of Medical and Behavioral Services within Managed Care

Faculty: Don Fowls, Stanley Lynch, and Philip Waldor

Behavioral services and physical services have long worked separately, thus creating challenges in managing the patient as a whole. In this workshop a new model for the integration of behavioral and physical medical services, emphasizing the impact behavioral issues have on healthy lifestyles, response to illness, and illness outcomes is presented. This model creates platforms for the frank discussion of the impact of both disciplines on the person at risk, and will clarify the impact of medical treatment on behavioral goals. Benefits accrue to both short term and lifelong outcomes. The majority of a population is influenced by both areas through illness, illness prevention and behavioral and substance abuse interactions. It is of paramount importance that a holistic approach be taken to the care of all individuals to maximize their health outcomes.

Learning Objectives:

- Understand the structure of integration of medical and behavioral services
- Describe the interaction of medical and behavioral diseases and their influence on health outcomes
- Identify subpopulation to determine the major benefactors from this integration
- Understand the interactions that make integration possible and beneficial

1- DAY WORKSHOPS Thursday July 28, 2005

#823 Psychiatric Emergencies: Suicide, Self-Mutilation, and Aggressive Behaviors

Faculty: Pam Marcus

Understanding how to evaluate and provide services for an individual or family in crisis is an important skill set. This workshop will provide information for performing a thorough crisis assessment, predicting impending violence, and de-escalating clients using a respectful, non-coercive manner. Participants will learn how to perform a comprehensive assessment for suicidal ideation and intent as well as differentiate self-mutilation from suicidal ideation. The workshop also will describe the physiological factors of alcohol and/or heroin withdrawal that may contribute to aggressive behaviors. The workshop will be taught in a didactic manner with group discussion, critical thinking exercises and illustrations based on actual clinical experiences.

Learning Objectives:

- Perform a comprehensive crisis assessment that includes the evaluation of the emotional, physical, cognitive, social and spiritual realms
- Identify three indicators of impending violence
- Discuss two methods of preventing impulse control loss when an individual is threatening violence
- Discuss how to utilize the stages of suicidal ideation to determine the appropriate intervention
- Describe the difference between suicidal ideation, gesture, and self-mutilation

#807 Unergi Body Psychotherapy: The Sacred Language of Touch

Faculty: Ute Arnold

Touch is the first language we experience when we enter the earth. If this touch language speaks of neglect or abuse, then our body and psyche respond with contraction, fear or terror. These emotional and physical responses are stored in the cellular memory of our whole organism. They compromise or sever healthy body-brain connections, while sabotaging relationships with self and others, creating dis-ease and eventually disease. Participants will be introduced to Unergi, a body psychotherapy designed to reprogram these habitual responses through intentional, healing touch, body dialogue psycho-physical movements, creative expression and the healing forces of nature. Participants will learn how to integrate traditional and holistic philosophies and hands-on practice as it relates to their own self-care and their care for others. For more information: www.unergi.com or unergi@aol.com

Learning Objectives:

- Understand how to listen to the body's language and honor resistances and boundaries
- Understand how to safely release emotions related to touch abuse or neglect
- Apply concepts of Unergi to prevent emotional and physical burn out in the workplace



NEW!! MINI-WORKSHOPS 6:00 PM – 9:00 PM:

(Please note: Mini-workshops require registration and payment)

Monday July 25, 2005

#787 Cardiopulmonary Resuscitation (CPR) and Automated External Defibrillator (AED) Training

Faculty: Hugh McElroy

(\$30.00 registration fee)

Successful completion of this training will result in American Heart Association certification in adult CPR. Administration of adult CPR allows oxygenated blood to circulate to vital organs and can keep a person alive until more advanced procedures can treat the cardiac arrest. An AED analyzes the heart's rhythm and, if necessary, directs the rescuer to deliver an electrical shock to the victim to reestablish an effective rhythm of its own. Training in CPR and AED skills will enable the rescuer to use all the steps in the cardiac chain of survival.

Learning Objectives:

- Define cardiac arrest symptoms and the chain of survival concept
- Understand and practice CPR techniques
- Understand the role of the AED

Tuesday July 26, 2005

#679 Ethics in Counseling: An Update

Faculty: Joyce Breasure

(\$40.00 registration fee)

This workshop is intended for persons who have had a previous introduction to ethics. Content will include information and discussion about disclosure statements, multiculturalism, and spirituality. Confidentiality issues with particular application to support staff and volunteers will also be covered. Each participant will receive an updated reading list.

Learning Objectives:

- Explain three ways multiculturalism can impact the practice of psychotherapy
- Describe two ways to ethically integrate spirituality into the counseling session
- List at least five items that should be included in a disclosure statement
- Describe four methods of engaging a client in the process of disclosure in a counseling relationship

Wednesday July 27, 2005

817 Nurses and Others, Ask The Doctors!

Faculty: Karen Kovacic and other physicians

(\$40.00 registration fee)

How do psychiatrists arrive at medication decisions and other care-related choices? This workshop has been designed especially for nurses, nursing-related staff, and others who work closely with consumers to maximize their recovery process. Workshop content will include discussion of the multiple approaches physicians use to arrive at diagnostic and prescriptive decisions, the importance of historical medical information, the supportive, practical, and educational role of teams, and how to increase involvement of the consumer with members of the team. Case studies will be used to illustrate key ideas, unusual circumstances, and difficult situations. There will be ample time for questions and open discussion.

Learning Objectives:

- Increase awareness of medication algorithms
- Understand the use of decision trees
- Develop practical approaches to support treatment decisions

Thursday July 28, 2005

#812 Brain Gym®: Uniting Treatment and Learning Through Movement

Faculty: Celeste Ross

(\$40.00 registration fee)

Brain Gym® exercises are physical movements that enhance learning and performance by developing the brain's neural pathways and restoring the innate ability to learn. Twenty-six easy and targeted activities help stimulate flow of information within the neural network of the brain, integrating body and mind function. Engaging in these enjoyable exercises brings about rapid improvements in focus, comprehension, memory, reading, writing, organizing, listening, physical coordination and more. Teachers typically report improvements in attention, behavior, attitude, and academic performance. Reports indicate that Brain Gym® activities support people of all ages, learning styles, and abilities in making wide-ranging changes in their lives.

Learning Objectives

- Learn the philosophy and intent of Brain Gym®/Educational Kinesiology
- Use Dr. Dennison's three dimensions of brain function – laterality, focus, and centering
- Identify the possibilities for application

Monday through Thursday

The following sessions are free of charge and do NOT require pre-registration.
All of the sessions will be held in Clayton Hall

Monday July 25, 2005

4:45 PM – 6:00 PM

#423 Presentation On The Delaware Alcohol & Drug Counselor Certification Process

Faculty: DCB Board Member

This session will provide an overview of the certification process for those who are new to the field and those renewing certification.

7:00 PM – 9:00 PM

#816 Parenting in Difficult Situations

Faculty: Yvonne Nass

This session will introduce ways to help families move through change. It will provide information on the skills needed to help families reduce stress, anger and conflict in difficult times and increase cooperation and unity.

Tuesday July 26, 2005

4:45 PM – 6:00 PM

#808 The Addictive Family: History Repeats Itself

Faculty: Barbara Ridge, Delaware Association for Children of Alcoholics

This session will examine the risk factors for substance abuse in children from families with parents and caregivers who have alcoholism. This includes genetic vulnerability, poor family communication and role modeling, and stress of living in a family that lacks predictability. Supportive interventions that foster resiliency will be discussed.

7:00 PM – 9:00 PM

#667 Acupuncture: An Ancient Art Becomes A Treatment Option

Faculty: Tita Gontang

The use of acupuncture for the treatment of co-occurring disorders is a recent development in the history of this ancient art. Since 1972, when a Hong Kong neurosurgeon, H. L. Wen, MD, discovered that acupuncture could alleviate the symptoms of withdrawal, this method has been used for detoxification and relapse prevention. Clients with co-occurring disorders such as schizophrenia, substance abuse, depression and bipolar disorder have found acupuncture detox to be helpful. This has also been used with PTSD clients and was implemented at St. Vincent's Hospital in Lower Manhattan for the World Trade Center survivors. This session will include an educational component followed by an opportunity to observe and experience the treatment.

Wednesday July 27, 2005

4:45 PM – 6:00 PM

#818 Enhancing Partnerships

Faculty: Representatives from the Delaware Department of Health and Social Services and the Department of Services for Children, Youth and Their Families

This session will highlight the goals of the Memorandum of Agreement that exists between the State agencies responsible for coordinating community based substance abuse treatment services for parents who are also involved with the child welfare system. Cross-systems collaboration has been implemented in this initiative.

7:00 PM – 9:00 PM

#820 More Life to Live: Networks for Promoting Healthy Behaviors

Faculty: Nancy Osgood

You are invited to an evening session with Dr. Nancy Osgood, principal investigator & author for the *More Life to Live* program and toolkit. *More Life to Live* is a recently released, nationally recognized, comprehensive health education program offered through the Division of Services for Aging & Adults with Physical Disabilities. Join us for this unique training opportunity and learn how to promote lifestyle choices that foster successful aging. All participants will receive a free *More Life to Live* toolkit that includes educational materials to enhance understanding of behaviors that compromise optimal aging. It also includes resources for effective community health promotion and collaboration.

Thursday July 28, 2005

4:45 PM – 6:00 PM

AI-Anon Open Meeting

This will be an open meeting (anyone may attend). Questions are welcome. AI-Anon materials will be available.

7:00 PM – 9:00 PM

#813 New Initiatives in HIV

Faculty: Patricia Lincoln

This session will provide an overview of current HIV/AIDS epidemiology globally, in the United States, and Delaware. Multiple agencies have joined with the Center for Disease Control to initiate an intense intervention working with patients with HIV. The goals of this intervention are to promote the health of the HIV+ patient and the spread of HIV. Current clinical management of adults includes therapeutic drug monitoring, replication, capacity, and intense adherence programs.

Summer Institute Faculty

UTE ARNOLD developed the Unergi Body–Psychotherapy method by integrating the Alexander Technique, Feldenkrais Method, Gestalt Therapy, Art Therapy and the Healing Forces of Nature. She has led workshops in Scandinavia, France, Greece, Canada, and the United States. She holds degrees in Art and Design from Schaeffer School of Design in San Francisco and the Chelsea School of Art in London, England.

MICHAEL W. ARRINGTON, ESQ is the managing partner of the Wilmington office of the Delaware firm of Parkowski, Guerke & Swayze. His practice focuses on domestic relations matters, civil protection orders, child abuse, guardianship, termination of parental rights, and juvenile justice. Mr. Arrington serves as the chairman of Delaware's Juvenile Justice Advisory Group, chairman of the Juvenile Crime Enforcement Coalition Committee, and is a member of the Federal Advisory Committee on Juvenile Justice.

EDWARD ATWOOD, MS, ED is the truancy coordinator for Delaware's Justice of the Peace Courts. Prior to this, he was a clinical services management coordinator and supervisor in the Division of Child Mental Health. He graduated with degrees in psychology from the University of Delaware and psychological services from the University of Pennsylvania.

MARTHA BOSTON PHD, CADC is a licensed psychologist in Delaware, New Jersey, and Pennsylvania and is the Director of the Delaware Psychiatric Center. She has worked in the prison mental health services field in Delaware and New Jersey, including in the Young Criminal Offender Program for juveniles who are incarcerated as adults.

DENISE BRAY, MS is the founding Director of PACE Institute, a division of the PACE Center for Girls. Ms. Bray graduated from Villanova University in counseling and human relations and has worked across the continuum of care in juvenile justice. She is a passionate proponent of gender equity offering a strong perspective in helping girls "find their voices" and "honor the female spirit".

JOYCE M. BREASURE, CCMHC, NCC, NCGC has been in private practice in counseling and consulting for over 20 years. She retired from teaching at Delaware State University and is on staff at Genesis Elder Care at Silver Lake Nursing and Rehabilitation Center and at the Milford Center as a gerontological counselor.

GLENWOOD "GLENN" C. BROOKS, JR., PHD is a licensed neuropsychologist in private practice in Salisbury, Maryland. He is a consulting neuropsychologist with Health South Rehabilitation Hospital and Peachtree Acres, an assisted living facility for brain-injured individuals in Delaware. He is a Diplomate of the American Academy of Pain Management and the American Board of Forensic Examiners. He is a Board Member of the Brain Injury Association of Delaware and actively participates in monthly brain injury support groups in Delaware for consumers and families.

JOANN BRUCH, MSW is the treatment program manager for the Division of Family Services. She graduated from the Universities of Maryland and Pennsylvania. She has worked with families challenged by homelessness, domestic violence, physical abuse, and substance abuse. She is an administrator in the foster care system where she develops policy and procedures, and monitors programs that are designed to improve cross system collaboration and outcomes.

JOSHUA CANTOR, PHD is an assistant professor in the Department of Rehabilitation Medicine, at Mount Sinai School of Medicine. He has been a senior investigator in several Mount Sinai TBI research group projects, including the New York TBI Model System, the Rehabilitation Research and Training Center for TBI Interventions, and the Rehabilitation Research and Training Center on Community Integration of Individuals with TBI.

CONSTANCE L. COOGLE, PHD is a long standing faculty member at the Virginia Commonwealth University Medical Center. She is affiliated with the Virginia Center on Aging and the Virginia Geriatric Education Center, and holds joint appointments as Associate Professor in the Departments of Gerontology and Psychology. She is a Fellow of the Gerontological Society of America and serves on the Editorial Boards for the Journal of Applied Gerontology as well as Gerontology and Geriatrics Education. She has national recognition in the area of alcohol and other drug abuse and related mental health issues in older adults.

STEVEN MARC CRIMANDO, MA, BCETS is a Diplomate of the American Academy of Experts in Traumatic Stress. He is managing director of Extreme Behavioral Risk Management, a crisis management consultancy in New York City and is the Disaster Field Operations Supervisor for Project Phoenix, New Jersey Division of Mental Health Services, a Federal Emergency Management (FEMA) funded World Trade Center Disaster & Anthrax Crisis Counseling Program.

JANE CROWLEY, PSYD has a doctorate from Baylor University in Texas and did postdoctoral fellowships in neuropsychology and pediatric psychology at the University of Nebraska Medical Center and University of Utah Medical Center. Since 1987, she has been with the duPont Hospital for Children Division of Rehabilitation Medicine.

STEVE K. D. EICHEL, PHD, ABPP is a licensed and board-certified psychologist with over 25 years of experience in counseling, clinical, and forensic psychology. He is an approved consultant of the American Society of Clinical Hypnosis and is a former president of the Greater Philadelphia Society of Clinical Hypnosis.

DIANA FISHBEIN, PHD has a joint doctorate in criminology and psychobiology from Florida State University and completed a NIH post-doctoral fellowship in neuroscience. She directs the Transdisciplinary Behavioral Science Program for Research Triangle Institute. Her studies utilize interdisciplinary methods to evaluate neurocognitive, functional neuroanatomical, emotional regulatory, physiological, psychological, psychosocial, and behavioral processes in drug abuse and antisocial behavior. She is primary author of *The Dynamics of Drug Abuse and Biobehavioral Perspectives in Criminology*, and editor of *The Science, Treatment and Prevention of Antisocial Behavior*.

HONORABLE JOSEPH F. FLICKINGER III holds a Juris Doctor degree from Widener University School of Law and was admitted to the Delaware Bar in 1979. He served as Register of Wills for New Castle County Delaware from 1987 until 2000. In November, 2003 he became the presiding judge for Delaware's first Mental Health Court Diversion Program in the court of common pleas.

DON FOWLS, MD is the President and CEO of Schaller Anderson Behavioral Health, Incorporated, an Arizona-based managed behavioral health company. He has worked on collaborative projects in several states to integrate models of care for behavioral and disease management. Dr. Fowls was the Chief Medical Officer for ValueOptions and President of Psychiatric Corporation of America. He has also served as the medical director for Sierra Military Health Services.

KAYTA GAJDOS, PHD is a psychologist in private practice in Chadds Ford, Pennsylvania. She has over thirty years of experience working with individuals, couples, and families. She has presented internationally on the intergenerational effects of unresolved grief and trauma and co-facilitates the Survivors of Accident and Murder (SAM) support group sponsored the Mental Health Association in Delaware.

TITA GONTANG, LCSW, CADC, ADS has worked as a psychiatric social worker for Kent/Sussex Detoxification Center in Milford, Delaware for over 9 years. She trained in acupuncture detoxification procedures at Lincoln Recovery Center in New York with Dr. Michael Smith and Carlos Alvarez.

PATRICIA WALTHER GRIFFIN, ESQ is the State Court Administrator for Delaware. She was previously Chief Magistrate for the Justice of the Peace Courts, and an associate with the firm of Griffin & Hackett, P.A. in Georgetown. She has been honored with such awards as the Chief Justice's Outstanding Judicial Service Award, the Person of the Year for 2004 by the International Association for Truancy and Dropout Prevention, and the 2005 Hall of Fame for Delaware Women.

DWIGHT F. HOLDEN is chairperson of the Delaware Board of Parole. He is a retired police officer for the City of Wilmington and a former senior probation/parole officer for the Department of Services for Children, Youth and their Families. He is a member of professional associations in the field of corrections, and is on the Board of Directors of People's Settlement. He is the co-founder of Formerly Incarcerated Persons.

CATHY A. JENKINS, ESQ is an assistant public defender in the Court of Common Pleas misdemeanor unit in New Castle County, which includes the Mental Health Court Diversion Project. She received a Bachelor of Arts degree from Temple University and a Juris Doctor degree from Georgetown University Law Center. She is a former deputy attorney general and assistant city solicitor.

DAN KEATING, PHD is Executive Vice President of Life Span Services at Bancroft NeuroHealth, where he is responsible for residential, clinical, and vocational services to adults with brain injuries and other neurological disorders. He has worked in several rehabilitation environments including Bryn Mawr Rehab and Moss Rehabilitation Hospital's Drucker Brain Injury Center. He is an adjunct professor of psychology at Drexel University where he teaches the psychology of disability. He is on the board of the American Academy for the Certification of Brain Injury Specialists.

THOMAS F. KELLY, MD is the Health Care Services Director of the Community Services Section of the Division of Developmental Disabilities Services within Delaware Health and Social Services. He has served as a primary care physician for individuals with intellectual disabilities. He is a member of the National Association for the Dually Diagnosed and the American Academy of Developmental Medicine and Dentistry.

MARIANN KENVILLE-MOORE, LCSW has been with the Department of Justice since 1999 as the Director of Victim Witness Services. Prior to coming to the Department, she was employed by the Delaware Division of Family Services in various capacities for over 14 years. Mariann graduated from Rutgers, The State University of New Jersey.

JOSEPH KEYES, PHD is the Director of Professional Services for the Division of Developmental Disabilities Services, Delaware Health and Social Services. He is a licensed psychologist and manages the Division's Assistive Technology Systems Change Grant and the Administration on Children and Families 360 Family Support Grant. He is President of the Delaware Board of Examiners of Psychologists and a member of the American Association on Mental Retardation.

KAREN J. KOVACIC, MD is chief and lead psychiatrist at the Delaware Psychiatric Center in New Castle, Delaware. She is an examiner for the American Board of Psychiatry and Neurology and has served as faculty and staff psychiatrist in mental health clinics, hospitals, in private practice, and with managed care entities in New York, Texas, and Ohio.

PAT LINCOLN, RN, BSN is the education coordinator for the Pennsylvania/Mid-Atlantic AIDS Education and Training Center. She was instrumental in the development of the infectious disease clinic and has given many lectures and workshops on AIDS and AIDS related topics both in the state and nationally.

STANLEY LYNCH, JR, MD, FAAP has a demonstrated record of superior results in patient care management, quality assurance, and medical cost reduction. He was the chief medical officer with AmeriChoice of Pennsylvania, Chartered Health Plan in DC, Keystone Mercy Health Plan and Mercy Health Plan. As a pediatrician, Dr. Lynch managed a private practice and was with the National Health Services Corps in West Philadelphia. Currently he is Chief Medical Officer for Delaware Physicians Care, Inc.

KATHRYN McCORMACK-CHEN, RN, LCSW, Certified TIR Practitioner and Trainer, provides supervision, training and consultation throughout the Mid-Atlantic area, and is an Assistant Adjunct Professor at Northern Virginia Community College. She is a licensed substance abuse practitioner with 19 years of experience treating recovering alcoholics/addicts with unresolved childhood issues, and domestic violence survivors.

HUGH McELROY, RMN, FNRTO is a trainer educator with 34 years experience at the Delaware Psychiatric Center in New Castle, Delaware. He is also an instructor in the P.E.A.C.E. program and a Fellow in the National Remotivation Therapy Organization, Inc.

RAGNHILD MALNATI, LCSW-C is a psychotherapist in private practice where she provides individual and couples therapy with adults. Her orientation is eclectic, drawing from family systems and brief, cognitive, and crisis therapies. She has developed therapeutic procedures which facilitate symptom relief and focus on personal and spiritual growth.

EDIE MANNION, MFT has published extensively on family education and professional-family collaboration in the treatment of mental illness. She co-founded a training program for family members and professionals to promote recovery in individuals with mental illness. She trained in DBT with Marsha Linehan, during which she co-developed a DBT psycho-educational program for family members of people with borderline personality disorder. She has spoken throughout the country, and on the public radio show, *Voices in the Family*.

PAMELA MARCUS, RN, APRN/PMH-BC is an advanced practice nurse psychotherapist in private practice in Maryland. She has developed a theoretical continuum of suicide potential for application with patients with chronic suicidal ideation. She is an Associate Professor of Nursing at Prince George's Community College and lectures and consults extensively on patient care issues and psychiatric nursing. She has authored several chapters in textbooks on a variety of topics and authored a three module videotape series, *Psychiatric Emergencies*.

SHAD MESHAD, MSW, LCSW, CTS founded the nationwide Vietnam VetCenter Outreach Programs and is founder and president of the Association of Traumatic Stress Specialists. He was in active military service as a Captain in the US Army and is author of *Captain for Dark Mornings*. Shad has made numerous national and international presentations on post-traumatic stress disorders and issues affecting the combat veteran and has served on numerous veteran's advisory committees nationwide.

PAULETTE SULLIVAN MOORE, ESQ is a 1973 cum laude graduate of Wheaton College, a 1976 graduate of Rutgers University School of Law, and a member of the Delaware Bar. She currently serves as the Policy Coordinator for the Delaware Coalition Against Domestic Violence.

YVONNE NASS is a parent education consultant with 35 years experience training caregivers in the skills of creating a healthy family unit based on personal values. She has developed curricula for many specialized populations including adult children of alcoholics, foster parents, parents of special needs children, and incarcerated parents.

B. KENNETH NELSON, MD is a board certified psychiatrist and addictionologist who has been treating alcohol and drug addictions for 25 years. He is an instructor of psychiatry at Drexel University and has a private practice in Spring House, Pennsylvania. He was Director of the Gambling Treatment Unit at Valley Forge Hospital from 1986-1992.

CAROL OLIVER, MA has over 15 years experience in alcohol and other drug abuse prevention. She is the technical assistance and training manager for Southern and Northern New England. Ms. Oliver has extensive experience in the areas of coalition development and has provided technical assistance and strategic planning to coalitions throughout New England. She has a degree in international relations, and degree in education from Boston University.

NANCY J. OSGOOD, PHD is Professor of Gerontology and Sociology at Virginia Commonwealth University/Medical College of Virginia in Richmond, VA. She received her doctorate in Sociology and her certificate in aging studies from Syracuse University. She has authored 11 books and numerous journal articles and book chapters. Her areas of research include elderly suicide, geriatric alcoholism, creative arts and aging, and pet therapy with older adults.

DAVID OSLIN, MD is an Assistant Professor in the Department of Psychiatry at the University of Pennsylvania, School of Medicine, Philadelphia, Pennsylvania.

MAJOR ROBERT PANKIOW has served as the Drug Demand Reduction Administrator for the Delaware National Guard Counterdrug Task Force since 1999. He has also served in the Delaware Army National Guard for over 23 years and with the New Castle County Police from 1989-1999. He was awarded New Castle County Police Officer of the quarter in 1995 for his work with youth.

RONALD M. PAVALKO, PHD has been a faculty member and administrator at the University of Wisconsin-Madison, Florida State University, and the University of Wisconsin-Parkside. He retired from the University of Wisconsin-Parkside in 1999 as Emeritus Professor of Sociology. He has published books and journal articles on problem gambling. He was a founding member of the Wisconsin Council on Problem Gambling and has completed the National Council on Problem Gambling's training program on the "Treatment of Compulsive Gambling."

SUNI PETERSEN, PHD received her doctorate in Marriage and Family Therapy from the University of Florida. She has 15 years of clinical experience, particularly with persons involved with medical issues or death. She has been an assistant professor of Counseling Psychology at Temple University in Philadelphia for 6 years. Her research focuses on encouraging more well-informed medical decision-making in patients and improving patient compliance with chemotherapy.

JACK PRANSKY, PHD is founder/director of the Northeast Health Realization Institute. He has worked in the field of prevention since 1968 in a wide variety of capacities and now provides consultation and training throughout the U.S. and internationally. Jack was instrumental in creating the first state law in Vermont requiring state agencies to plan for and conduct prevention practices. In 2001 his book, *Modello* received the Martin Luther King Storyteller's Award for the book best exemplifying King's vision of "the beloved community."

HONORABLE MICHAEL P. REYNOLDS is a Court Commissioner of the Superior Court in New Castle County, Delaware. His duties consist of handling arraignments, capias returns, bail reviews, contempt hearings for restitution, and guilty pleas and sentencing in misdemeanor cases. He also handles civil matters such as hearings for the civil commitment of mentally ill persons and he conducts mediations of civil cases.

BARBARA RIDGE, MSW, CADC, CAE is the Executive Director of the Delaware Association for Children of Alcoholics. She has worked in the human service field for 17 years both as an administrator and a substance abuse counselor. She serves on the board of the Delaware Association of Addiction Professionals.

CELESTE J. ROSS, BS ED, GCFP is a weaver of talents and disciplines. She brings her background as an educator and her vast experience in body centered therapies to assist people in their journey through life. Founder of C.J. Ross and Company, Celeste has worked internationally with corporate and athletic teams, students, and medical staff to offer a unique approach integrating the mind/body connection with self-awareness and creativity to empowerment. For the past 13 years she has maintained a private practice assisting people in health, wellness, and human development.

FREDERICK ROTGERS, PSYD is an associate professor in the Department of Psychology at the Philadelphia College of Osteopathic Medicine. His specialties include forensic psychology and treatment of substance dependence. He is published widely in the areas of addictions, harm reduction, and differential diagnosis.

IRENE A. RUST, MCC, CDAC, NCAC is the program administrator of the Kent/Sussex Detoxification Center in Ellendale, Delaware. She has been working in the field of mental health and addiction for 35 years. She served as an adjunct instructor at Delaware Technical and Community College for 10 years and has been an adjunct instructor for Wilmington College since 1998. She has been a Reiki Master since 1996.

JANET SCHULTE, MS, CHES is a public health educator with the DE Division of Public Health and holds a Masters of Science Degree in school and community health education. She is nationally certified in massage and bodywork since 1994 and as a health education specialist since 1988. Janet is also an adjunct instructor at Delaware Technical Community College.

ROBERT SIMMONS, PHD, MPH, CHES has been a public health educator working in community, government, health care, and foundation settings in California, the mid-Atlantic region, and in Latin America. His expertise is in health promotion and chronic disease prevention with an emphasis on program planning, implementation and evaluation of preventive health initiatives. He is bi-lingual in Spanish and has worked to reduce health and human service disparities, focusing on our growing Latino populations. He worked for the Christiana Care

Health System as the Chief of Health Education and the Manager of Government and Community Relations and is now a full-time health consultant.

SARAH STOOKEY, PHD is a clinical psychologist with nine years of experience working directly with older adults in a variety of settings including outpatient, assisted living, and nursing care facilities. She is a former adjunct professor of LaSalle University, Immaculata University, and the Philadelphia Center. She works with Holcomb Behavioral Health providing direct care, supervision, and consultation for the development of a geriatric program.

MSGT KEITH STROUSS, MED has been a member of the Delaware Air National Guard for 21 years working first as an engineer then as the base photographer. He works with the Counterdrug Taskforce as the Drug Demand Reduction NCOIC, conducting drug education programs, throughout the State of Delaware.

TAKAKO SUZUKI, PHD is Assistant Professor, Assistant Director of the Center for Brief Therapy, and Clinical Coordinator of the Center for Academic Resources and Educational Services in the Department of Psychology at the Philadelphia College of Osteopathic Medicine. She specializes in anxiety and mood disorders in culturally and linguistically diverse clients, utilizing a combined systems, CBT, and EMDR approach. She chairs the Asian American Issues in Behavioral Therapy and Research SIG, the Association for Behavioral and Cognitive Therapies, and serves as a board member of the Philadelphia Society of Clinical Psychologists.

STAN TAYLOR is the Delaware Commissioner of Correction. He oversees 2,620 employees in the Department of Corrections, the largest law enforcement agency in the State. As commissioner, he has significantly expanded quality drug treatment for the inmate population. He serves on the Criminal Justice Council and the Sentencing Accountability Commission, and participates in national forums on issues related to substance abuse and corrections.

TONY TOMMASELLO, PHD is an associate professor of clinical pharmacology at the University of Maryland School of Pharmacology, and is founder/director of the Office of Substance Abuse Studies. He is published in the area of general principles of assessment and treatment, methadone maintenance care, and adolescent drug abuse and addiction.

ARTHUR TRUNDY, MED, CADAC, ACRPS is recognized as an energetic motivational internationally known trainer who is appreciated for wit, intelligence, insight and humor. He is the immediate past president of the International Certification and Reciprocity Consortium that oversees substance abuse counselor, clinical supervisor, and prevention specialist standards and testing in 40 states, the U.S. Army, Navy, and Air Force, and many foreign countries. He has taught in Japan, Panama, Canada, and throughout the United States. Additionally, he is a faculty member of the New England School of Addiction Studies Summer School and Cambridge College. He has taught at Addiction Studies Schools in Arkansas, Kansas, Oklahoma, Kentucky, and Illinois.

PHILIP WALDOR, MD, an accomplished surgeon by training and experience, also has 20 years of physician leadership with extensive quality review, patient safety protection, and realized cost savings. He was the Medical Director of Chester County Emergency Services and Christiana Care Health Plan, Associate Medical Director of CIGNA TriState, physician advisor of Intracorp, an associate with Schuykill Surgical, and is currently Medical Director for Medical Management with Delaware Physicians Care, Inc.

JIM WUELFING, CPP-R is owner of the New England Center, a company dedicated to quality training and technical assistance services. His specialties include problem gambling prevention, community development, cultural competency, curriculum development, strategic planning, peer education, and stress management. Mr. Wuefing has also co-written and co-trained the workshop, "Racism of the Well Intended". He has been on the faculty of the New England School of Alcohol Studies for 12 years, is an on-line faculty member for the Addiction Transfer of Technology Center at Brown University.

General Information

34th SUMMER INSTITUTE CALENDAR WORKSHOP SCHEDULE

Participants may select from and combine the following options:

Keynote Lecture	Monday July 25 9:00 AM - Noon
5-Day Intensive Workshops	Monday July 25 through Friday July 29
3-Day Workshops	Monday July 25 through Wednesday July 27
2-Day Workshops	Thursday July 28 through Friday July 29
NEW 1-Day Workshops	Tuesday July 26 Wednesday July 27 Thursday July 28
NEW Mini-Workshops	Monday July 25 through Thursday July 28 (6:00 PM – 9:00 PM)
Afternoon Sessions	Monday July 25 through Thursday July 28 (4:45 PM -6:00 PM)
Evening Sessions	Monday July 25 through Thursday July 28 (7:00 PM– 9:00 PM)

REGISTRATION AND PAYMENT:

- Walk-in registrations will be accepted on a space available basis.
- Registration fees are listed on the Registration Form in this brochure.
- Registrations can be submitted via U.S. mail, fax, or on-line at www.dhss.delaware.gov/dhss/dsamh/summerinst05.html
- FAX and ON-LINE registrations are accepted ONLY if payment is by credit card. Send faxes to: University of Delaware, Conference Services, to the attention of Gail Lanius. The FAX # is: (302) 831-2998.
- Payment in the form of cash, check, or credit card MUST accompany all registrations.
- If a scholarship has been awarded, a copy of the scholarship award letter MUST accompany the registration. Registrations cannot be processed without fees and a copy of the scholarship award letter (as applicable).

CANCELLATION/NO SHOW/REFUND POLICY

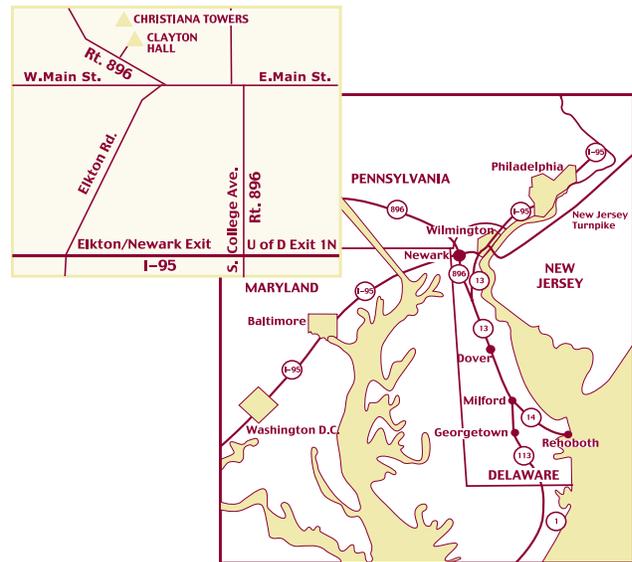
Registrants who do not cancel and do not attend will forfeit all fees paid and are obligated to pay any outstanding balance. Cancellations received in writing at Conference Services by Friday July 22, 2005 will result in a refund of all fees paid. Cancellations after that date will not be eligible for a refund.

ACCOMMODATIONS

Overnight accommodations are available in the University's air-conditioned Christiana Towers dormitory apartments. Rates are listed on the registration form. Participants may also opt to stay at The Courtyard by Marriott (phone 302-737-0900) which is directly adjacent to Clayton Hall or any of the surrounding hotels. Reservations for hotel accommodations should be made separately by participants.

DISABILITY ACCOMMODATIONS

Designated handicapped parking is available directly behind Clayton Hall. To request other disability accommodations, contact Conference Services at the University of Delaware at least 10 days in advance of the program. (302) 831-2214 (voice)
(302) 831-4552 (TDD)
(302) 831-2998 (FAX)



LOCATION

The Summer Institute is held at The University of Delaware - Clayton Hall in Newark, Delaware. It is located off of Route 896, approximately 5 miles north of Interstate 95. Clayton Hall is easily accessible by car (I-95), train (Amtrak Station, Wilmington), or air (Philadelphia Airport with limousine service to Newark between 6:30 am and 1:30 am).

The University of Delaware is committed to assuring equal opportunity to all persons and does not discriminate on the basis of race, color, gender, religion, ancestry, national origin, sexual orientation, veteran status, age or disability in its educational programs, activities, admissions or employment practices as required by Title IX of the Education Amendments of 1972, Title VI of the Civil Rights Act of 1964, the Rehabilitation Act of 1973, The American with Disabilities Act, and other applicable statutes. Inquiries concerning these statutes and information regarding campus accessibility should be referred to the Affirmative Action Officer, 305 Hullahen Hall. (302) 831-2835 (voice), (302) 831-4552 (TDD).

MEALS

Breakfast

Pencader Cafeteria: Monday through Friday. You may pre-register as indicated on the registration form (\$6.40 per meal).

Lunch Options:

Awards Lunch: Participants who are registered for a 3 - or 5 - day workshop will receive an awards lunch at no additional charge on Monday July 25 following the Keynote.

Catered Lunch: Available in Clayton Hall Tuesday through Friday. You must pre-register for these meals as indicated on the registration form (\$19.00 per meal).

Pencader Cafeteria: Available Tuesday through Friday. You may pre-register as indicated on the registration form (\$9.60 per meal).

Dinner

Pencader Cafeteria: Available Monday through Friday. You may pre-register as indicated on the registration form (\$11.65 per meal).

FOR ADDITIONAL INFORMATION

Registration, Fees, Cancellations, Rooms and Meals:
Gail Lanius (302) 831-2214 or e-mail glanius@udel.edu

Other Issues:

Jessica Washer (302) 255-9480 or e-mail jessica.washer@state.de.us

Delaware Division of Substance Abuse and Mental Health



KELLEY/PAZZAGLINI AWARD NOMINATION GUIDELINES

The Kelley/Pazzaglini Award is a very special and meaningful honor in Delaware and recognizes an individual who has demonstrated a significant commitment to the field of behavioral healthcare and whose involvement, service, and contributions to the improvement of the field is noteworthy and exceptional. The nominee's contribution should be recognized as making an important and ongoing impact on the system, which is above and beyond the expectations of their day-to-day work. This award is intended to recognize someone who considers personal and professional development as critical to the effective provision of services and who has clearly demonstrated this in their practice.

Patrick Kelley and Mario Pazzaglini, Ph.D. were teachers, psychotherapists, and associates to many people within the Division of Substance Abuse and Mental Health (DSAMH) and within other human service agencies in Delaware. Pat Kelley taught at the Institute from 1975 to 1982 and died of AIDS in 1984. Pat's work challenged us to explore and examine ourselves as the prerequisite for effectiveness as change agents with institutions or with individuals.

Mario Pazzaglini, Ph.D. taught at the Institute from 1978 through the 27th Institute in 1998. He died on December 5, 1998. Mario was a master teacher and psychologist. His interests in ancient civilizations, mathematics, and art brought a depth to his work that presented to all who worked with him, an understanding of the human psyche not tethered by any current fad or limitation of previous learning. Mario viewed learning and growth as containing within it all the emotions, thoughts, and imaginations of a person. He consulted with or worked in just about every addiction and mental health program in the state during his thirty years as a psychologist.

To be eligible nominees must be employees of DSAMH or staff of DSAMH contracted programs. Nominations are invited from state operated and contracted DSAMH programs and the Central Office of DSAMH. Executive Staff of the Delaware Division of Substance Abuse and Mental Health will make the final selection.

The individual selected for this award will receive a full scholarship to the Summer Institute, documentation as to the receipt of the award, and recognition of receipt during the Institute Awards Ceremony on Monday, July 25, 2005.

Questions should be directed to the Training Office, (302/255-9480).

Kelly/Pazzaglini Award



Nomination For Kelley/Pazzaglini Award 34th Summer Institute, 2005



Please see the reverse side of this form for a description of characteristics to be considered in nominating for this Award.
Use one form per nominee.

Please Print or Type:

NAME: *Individual being nominated for award.* _____

NOMINEE JOB TITLE: _____

NOMINEE AGENCY/PROGRAM: _____

HOW DOES THE NOMINEE EXEMPLIFY THE CRITERIA AND HIGH STANDARDS OF THIS AWARD:

Based on the criteria listed on the reverse side of this form, why is this person being nominated? (Use attachment if additional space is needed)

THREE (3) or more examples of how the individual exemplifies personal/professional excellence and their commitment to professional development and practice: (Use attachment if additional space is needed.)

Attach/include documentation to support this application. Resume/Curriculum Vitae would be helpful.

NOMINATOR(S) NAME: Who has provided above information? _____

NOMINATOR TITLE (S): _____

NOMINATOR TELEPHONE: _____

NOMINATOR AGENCY: _____

NOMINATOR ADDRESS: _____

THANK YOU for taking the time to acknowledge the importance of recognizing our colleague's work.

To be considered, nominations must be submitted on this form by Friday, July 8, 2005 to:
Carol L. Kuprevich, Ed.D., DSAMH Training Office, 1901 N. Dupont Highway, New Castle, DE 19720
302/255-4450 (fax)

TO REGISTER ONLINE, GO TO: www.dhss.delaware.gov/dhss/dsamh/summerinst05.html

Please PRINT neatly and fill out both sides of this form. Illegible registrations will not be processed!

Business Phone: () Home Phone: () Gender: Male Female
 Last Name: First Name: Disabled: Yes No
 Business Address: City: State: Zip:
 Organization: Position:
 E-mail Address: (Confirmations will be sent to the mailing address listed in this section.)

Highest Grade Completed: (Circle One): 12 GED AA LPN RN BA/S MA/S MSW PH/MD

Ethnicity/Culture (Circle One): African American Alaskan Native Asian American Caucasian Hispanic Native American Pacific Islander Other

I will be applying for CE credit with: APA CEAP DBN DCB DSBSWE NAADAC NASW NCC NCGC

Do you request any of the following services? Sign Language Interpreter Oral Interpreter Other _____

Please check here if you do not want to be included on the distributed List of Attendees for the 2005 Summer Institute.

PLEASE INDICATE FIRST, SECOND AND THIRD CHOICES BY USING 1, 2 OR 3 WHEN THERE IS MORE THAN ONE OPTION.

KEYNOTE PLENARY PANEL- MONDAY JULY 25, 2005 9:00 AM -Noon

_____ #826 NETWORKING AND COLLABORATION: THE STRENGTH OF SYSTEMS

FIVE-DAY INTENSIVE WORKSHOPS--MONDAY through FRIDAY JULY 25--JULY 29, 2005

_____ #800 TRAUMATIC INCIDENT REDUCTION

_____ #805 THE TWELVE CORE FUNCTIONS OF SUBSTANCE ABUSE COUNSELING

THREE-DAY WORKSHOPS--MONDAY through WEDNESDAY JULY 25-JULY 27, 2005

_____ #726 BASIC PRINCIPLES OF ADDICTION PHARMACOLOGY AND DRUG THERAPY

_____ #781 ENHANCING GROUP PROCESS

_____ #793 BUILDING SYSTEMS: BEST-PRACTICES IN ALL HAZARDS BEHAVIORAL HEALTH

_____ #799 JOINING TOGETHER THE SCIENCE AND ART OF CLINICAL HYPNOSIS

_____ #811 NARRATIVE THERAPY: AN APPROACH FOR PERSONAL SYSTEM INTEGRATION

_____ #815 TRAUMATIC BRAIN INJURY ACROSS THE LIFESPAN

_____ #819 MORE LIFE TO LIVE: PROMOTING HEALTHY LIFESTYLES AMONG MATURE ADULTS

TWO-DAY WORKSHOPS--THURSDAY and FRIDAY JULY 28 - JULY 29, 2005

_____ #708 MOTIVATIONAL INTERVIEWING

_____ #769 COMPASSION FATIGUE

_____ #780 BIOPSYCHOSOCIAL APPROACH TO ADDICTIONS

_____ #798 VICARIOUS TRAUMATIZATION

_____ #801 INTRODUCTION TO DIALECTICAL BEHAVIOR THERAPY

_____ #802 GENDER RESPONSIVE PROGRAMMING FOR ADOLESCENT FEMALES

_____ #822 BRIDGING PREVENTION AND TREATMENT

_____ #804 HEALTH REALIZATION: A SPIRITUAL APPROACH

_____ #821 ARE YOU PUZZLED BY THE LEGAL AND BEHAVIORAL HEALTH SYSTEMS?

ONE-DAY WORKSHOPS: TUESDAY JULY 26, 2005

_____ #803 ALTERNATIVE THERAPIES: ACUPRESSURE MASSAGE AND REIKI

_____ #809 INTELLECTUAL DISABILITY AND MENTAL HEALTH: DUAL DIAGNOSIS

_____ #810 RISK FACTORS IN VIOLENCE AND SUBSTANCE ABUSE

ONE-DAY WORKSHOPS: WEDNESDAY JULY 27, 2005

_____ #824 ON BECOMING A CULTURALLY COMPETENT THERAPIST

_____ #814 LEADERSHIP AND TEAMWORK

_____ #825 INTEGRATION OF MEDICAL AND BEHAVIORAL SERVICES

ONE-DAY WORKSHOPS: THURSDAY JULY 28, 2005

_____ #823 PSYCHIATRIC EMERGENCIES

_____ #807 UNERGI BODY PSYCHOTHERAPY: THE SACRED LANGUAGE OF TOUCH

MINI-WORKSHOPS (6:00 PM- 9:00 PM)

Monday July 25, 2005

_____ #787 CPR/AED

Tuesday July 26, 2005

_____ #679 ETHICS IN COUNSELING: AN UPDATE

Wednesday July 27, 2005

_____ #817 NURSES AND OTHERS, ASK THE DOCTORS!

Thursday July 28, 2005

_____ #812 BRAIN GYM® - UNITING TREATMENT AND LEARNING THROUGH MOVEMENT

Registration



Registration Fees

1. Tuition:

5 Day or 3 Day + 2 Day Workshops (Keynote/lunch included).....	\$350.00	\$ _____
3 Day Only (Keynote/lunch included).....	\$280.00	\$ _____
2 Day Only (Keynote NOT included).....	\$200.00	\$ _____
1 Day Only (Keynote NOT included).....	\$85.00	\$ _____
Plenary Panel Keynote Only (lunch included).....	\$50.00	\$ _____
CPR/AED Mini-Workshop	\$30.00	\$ _____
Ethics Mini-Workshop.....	\$40.00	\$ _____
Ask the Doctors Mini-Workshop.....	\$40.00	\$ _____
Brain Gym® - Mini-Workshop	\$40.00	\$ _____
Total Tuition	<input checked="" type="checkbox"/>	\$ _____

2. Dormitory Apts. at Christiana Towers: Enter number of nights desired in space:

_____ 1 bedroom, 1 person.....	\$52.00 / night.....	\$ _____
_____ 2 bedroom, 2 people.....	\$42.00 per person / night	\$ _____
Date of check-in _____	Date of checkout _____	
Total Housing (Number of Days x Daily Rate)	<input checked="" type="checkbox"/>	\$ _____

Roommate(s) Name _____

Note: If you select other than a single room, you must indicate a roommate.

3. Meals Desired: (Please circle each day that you will need that meal)

Breakfast (Pencader cafeteria) \$6.40/day	M T W TH F	\$ _____
Lunch (Pencader cafeteria) \$9.60/day	T W TH F	\$ _____
Catered Lunch (Clayton Hall) \$19.00/day	T W TH F	\$ _____
(Vegetarian Lunches: Only with Clayton Hall Catered Lunches - circle one): Yes No		
Dinner (Pencader cafeteria) \$11.65/day	M T W TH F	\$ _____
Total Meals	<input checked="" type="checkbox"/>	\$ _____

Tuition, Christiana Towers Housing and Meals..... \$ _____

Scholarship Amount (if applicable- include copy of award).....-\$ _____

FINAL TOTAL **\$ _____**

PAYMENT METHOD:

Enclosed is a check made payable to: University of Delaware.

Please charge my credit card: VISA MasterCard Discover Amex

ACCOUNT NUMBER (include all raised numbers on your credit card)

_____ Expiration Date _____

AUTHORIZED SIGNATURE ON CREDIT CARD _____

Upcoming Workshops Sponsored by the Division of Substance Abuse and Mental Health

AUGUST

3	CPR	DPC/Kent Lobby
8 - 9	Intro to Behavioral Health - 2 day	Springer
8 - 19	Effective Strategies in Prevention	Distance Learning
10	CPR	DPC/Kent Lobby
17	CPR	DPC/Kent Lobby
24	CPR	DPC/Kent Lobby
31	CPR	DPC/Kent Lobby

SEPTEMBER

7	PM46	Ellendale
8	Lunch and Learn – Hispanic Issues	New Castle
9 - 12	Intro to Behavioral Health - 2 day	Springer
9	Mindfulness Meditation	Wilmington
12 – 11/7	Cognitive Behavior Therapy	Springer
13 - 15	Benefits Management	Dover
14	Intro to Addiction	Ellendale
14	CPR	DPC/Kent Lobby
16	Hostility and Rage Management	New Castle
19	Hostility and Rage Management	Dover
20	Advanced Excel	Dover
21	CPR	DPC/Kent Lobby
22 – 11/18	Clinical Supervision	Middletown
23	Mindfulness Meditation	Rehoboth
27	Telephone Skills	Dover
28	CPR	DPC/Kent Lobby
29 - 30	Ethics for Traumatologists	New Castle

OCTOBER

3 - 7	Social Marketing	Distance Learning
4 - 5	Addictions Severity Index	Dover
5	CPR	DPC/Kent Lobby
6	Acute Traumatic Stress Management	Dover
6	ADHD and Behavioral Addictions	Wilmington
7	Acute Traumatic Stress Management	New Castle
7	ADHD and Behavioral Addictions	Rehoboth
11 - 13	Intro to Behavioral Health - 3 day	Springer
12	LOCUS Training	Ellendale
12	CPR	DPC/Kent Lobby
12	PM46	Dover
13	Lunch and Learn - Healthy Relationships	New Castle
14	Domestic Violence	Milford
17 - 21	Youth in Prevention Programming	Distance Learning
18	Application of ASAM - PPC II	Dover
19	CPR	DPC/Kent Lobby
25	Introduction to Power Point	Dover
26	CPR	DPC/Kent Lobby

NOVEMBER

1 - 2	Addiction Severity Index	Georgetown
2	CPR	DPC/Kent Lobby
3 - 4	Line of Duty Death	Lewes
7 - 11	Substance Abuse, Violence & Academics	Distance Learning
8 - 9	Intro to Behavioral Health - 2 day	Springer
8	Application of ASAM-PPC II	Georgetown
8	HIV/STD Hepatitis C 101	Dover
9	CPR	DPC/Kent Lobby
9	PM46	Springer
15	Ethics in Counseling	Dover
16	CPR	DPC/Kent Lobby
16	CJ Client and Medical Considerations	Milford
17	Religion, Spirituality and Mental Health	Wilmington
17	Lunch and Learn - Suicide	New Castle
18	Religion, Spirituality and Mental Health	Rehoboth
23	CPR	DPC/Kent Lobby
30	CPR	DPC/Kent Lobby

DECEMBER

1 - 2	Motivational Interviewing	Dover
4 - 9	Feasibility Assessments & Programs	Distance Learning
5	Psychological First Aid	Lewes
7	Telephone Skills	Springer
7	CPR	DPC/Kent Lobby
8 - 9	Intro to Behavioral Health - 2 day	Springer
8	Lunch and Learn - Gambling	New Castle
13 - 14	Motivational Interviewing	Springer
14	CPR	DPC/Kent Lobby
21	CPR	DPC/Kent Lobby
28	CPR	DPC/Kent Lobby

* For more information on any of the above listed workshops, or to print a copy of the learning contract, please go to our website at www.state.de.us/dhss/dsamh/index.html



Delaware Health and Social Services

Division of Substance Abuse and Mental Health Training Office

WHO SHOULD ATTEND?

Aides • Administrators • Attorneys
 Case Managers • Clients • Consumers
 Counselors • Disaster Responders
 Educators • Employee Assistance Personnel
 Family Members • Managers
 Medical Personnel • Nurses • Outreach Workers
 Parole Officers • Police Officers
 Prevention Workers • Probation Officers
 Psychiatrists • Psychologists
 Social Workers • Students
 Substance Abuse Professionals
 Supervisors • Support Staff •
 Therapists • Volunteers

FOR PEOPLE WHO WORK IN...

Children's Services
 Civil and Criminal Justice
 Community Mental Health Programs
 Corrections • Crisis and Emergency Services
 Domestic Violence Services
 Entitlement Offices • Faith Based Programs
 Family Advocacy • Medical Care Facilities
 Mental Health Facilities
 Nursing Homes • Prevention
 Private Practice
 Senior and Community Centers
 Substance Abuse
 Trauma Services • Truancy

TARGET AUDIENCE

The Summer Institute is recommended for persons who work in behavioral health and related fields - whether you are new to the field or have extensive experience.

The Division of Substance Abuse and Mental Health

- Operates Delaware Psychiatric Center, Delaware's only state-operated psychiatric hospital for adults.
- Provides community support services to adults with psychiatric disabilities and 24-hour mobile crisis intervention services statewide.
- Provides public drug and alcohol treatment services for adults including: screening and evaluation; outpatient counseling; opioid treatment and methadone maintenance; detoxification; and residential services.
- Provides specialized case management for adult offenders with alcohol/drug abuse problems who are involved in the Drug Courts.
- Provides alcohol and drug abuse prevention programs that address a number of high-risk and underserved populations and geographic areas in the State.
- Provides services for persons with co-occurring mental illness and alcohol/drug abuse problems.
- Provides compulsive gambling services.

Delaware Division of Substance Abuse and Mental Health
 Springer Building
 1901 N. DuPont Highway
 New Castle, Delaware 19720

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